

**HEALTH INDICATORS** describe overall health state of health of the people by age, race and gender. Key issues for community health include prenatal care, timely childhood immunizations, teen use of alcohol, tobacco and drugs, adult use of alcohol, tobacco and drugs, and age adjusted death rates.

The **Illinois Department of Public Health (IDPH)** collects and evaluates thousands of health statistics to measure progress toward state and national health objectives. These numbers also provide the basis for developing and implementing public health strategies for disease prevention and health promotion. This site provides just some of the statistics gathered by IDPH.

<http://www.idph.state.il.us/health/statshome.htm>

### **America's Health Rankings**

Our health is impacted by a combination of individual choices, our environment, public policy and clinical care.

For over 20 years, *America's Health Rankings*® has been tracking the state of our nation's health by studying numerous health measures to compile a comprehensive perspective on our nation's health issues, state by state.

Search [the rankings](#) to discover little known facts and statistics, and find out how you can [take action](#) and become an advocate for improving our nation's health.

### **County Health Rankings**

The [Robert Wood Johnson Foundation](#) and [University of Wisconsin Population Health Institute](#) partnered to rank the health of each county in every state. The *County Health Rankings* identify the healthiest and least healthy counties within every state in the nation. When you compare the 50 healthiest counties (one from every state), with the 50 least healthy counties, some striking trends emerge.

[County Health Rankings – Main Page](#)

[Adams County Information](#) (note that you can search for 5 years of rankings, 2010-2014)

### **Assessments Conducted by Adams County Community Organizations**

Community Report Card 201222 - AOK

Early Childhood Mental Health Needs Assessment 2008

The **IPLAN website** offers a data system containing 102 health indicators, which are available at the county-level. Thirty-nine of these indicators are available at the community-level. Illinois data is included on all county-level and community-level reports. Data can be charted, sorted and saved by using the data manipulation tool.

<http://app.idph.state.il.us/>

County health offices are good sources for information on health and welfare in local areas. Local governmental and nongovernmental social service agencies can provide rich front-line data on the health and welfare of a community's population.

[Adams County Health Department Annual Reports](#)

Adams County Local Public Health Service Assessment (LPHSA)

[Adams County IPLAN](#)

Executive Summary

The **American Hospital Directory** provides online data for over 6,000 hospitals. Our database of information is built from Medicare claims data (Med PAR and OPPS), hospital cost reports, and other public use files obtained from the federal Centers for Medicare and Medicaid Services (CMS).

<http://www.ahd.com/freesearch.php>

**Food Environment Atlas**

Food environment factors-such as store/restaurant proximity, food prices, food and nutrition assistance programs, and community characteristics-interact to influence food choices and diet quality. Research is beginning to document the complexity of these interactions, but more is needed to identify causal relationships and effective policy interventions.

The Atlas assembles statistics on three broad categories of food environment factors: Food Choices, Health & Well-being, and Community Characteristics. (Data is county-level unless otherwise noted "state" or "region".)

<http://www.ers.usda.gov/FoodAtlas/>

[State Indicator Report on Fruit & Vegetable Consumption](#)

The *State Indicator Report on Fruits and Vegetables, 2009* provides for the first time information on fruit and vegetable (F&V) consumption and policy and environmental support within each state.\* Fruits and vegetables are important for optimal child growth, weight management, and chronic disease prevention. Supporting increased F&V access, availability, and reduced price are key strategies towards the Centers for Disease Control and Prevention's (CDC) objective of improved F&V consumption and thus improved nutrition among all Americans.

[State Indicator Report 2013](#)

**Medicare County Enrollment.** . Data have been screened to protect the privacy of beneficiaries.

<https://www.cms.gov/MedicareEnrpts/>

**Nursing Home Compare** includes information only on nursing homes that are Medicare or Medicaid certified. These nursing homes provide skilled nursing care; however, there are many other types of facilities that provide various levels of health care and assistance with activities of daily living. Many of these facilities are licensed only at the state level. In addition, some nursing homes that provide a full range of care, including skilled nursing services, choose not to participate in Medicare or Medicaid.

<http://www.medicare.gov/NHCompare/Include/DataSection/Questions/SearchCriteriaNEW.asp?version=default&browser=Firefox|3.6|WinXP&language=English&defaultstatus=0&pagelist=Home&CookiesEnabledStatus=True>

The **Behavioral Risk Factor Surveillance System** is the world's largest, on-going telephone health survey system, tracking health conditions and risk behaviors in the United States yearly since 1984. Currently, data are collected monthly in all 50 states, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, and Guam.

The **Illinois Behavioral Risk Factor Surveillance System** is a state-based program that gathers information on risk factors among Illinois adults 18 years of age and older through monthly telephone surveys. Established in 1984 as a collaboration between the U.S. Centers for Disease Control and Prevention (CDC) and state health departments, the BRFSS has grown to be the primary source of information on behaviors and conditions related to the leading causes of death for adults in the general population. The Illinois County Behavioral Risk Factor Surveys (ICBRFS) are conducted for individual counties employing the same procedures and questions as the BRFSS.

<http://www.cdc.gov/brfss/>  
<http://app.idph.state.il.us/brfss/>

The **Illinois Youth Survey** collects information about youth substance abuse, sexual activity, tobacco use and bullying annually.

<http://iys.cprd.illinois.edu/>

Here are the most recent Illinois Youth Survey summaries for Adams County:

- Illinois Youth Survey Results – Adams County 2008
- Illinois Youth Survey Results – Adams County 2009
- Illinois Youth Survey Results – Adams County 2010
- Illinois Youth Survey Results – Adams County 2012

**F as in Fat 2012: How Obesity Policies are Failing in America** (From the Robert Wood Johnson Foundation)

*The obesity epidemic is harming the health of millions of Americans and resulting in billions of additional dollars in health care costs. Rising rates of obesity over the past few decades are one of the major factors behind the skyrocketing rates of health care costs in the United States. And, U.S. economic competitiveness is hurting as our workforce has become less healthy and less productive. During the past 30 years, adult obesity rates have doubled and childhood obesity rates have more than tripled, while health spending has increased two percentage points faster than the Gross Domestic Product (GDP), growing from 8.8 percent in 1980 to 17.6 percent in 2009.*

<http://www.fasinfat.org/>  
<http://www.fasinfat.org/files/fasinfat2013.pdf>

The **U.S. Centers for Disease Control - Wonder Database** provides data for a range of health issues and health conditions.

<http://wonder.cdc.gov/>

**CHECK OUT HOW ADAMS COUNTY MEASURES UP AT THE STATE AND NATIONAL LEVELS.**

Overweight and Obesity in Adams County: A Report to Adams County from the Alliance for Building Community Health Leadership Delegation on Obesity